



## ***British Night Championships Weekend***

### **British Night Championships**

**Saturday 24<sup>th</sup> February 2018, Merthyr Mawr Warren & Woods**

#### **Terrain**

Merthyr Mawr is a mainly open area of sand dune with some isolated pockets of trees and patches of thick buckthorn especially on the higher ground to the west. The area is mostly runnable grassland, though there are some patches of bare sand which is often found on the paths and tracks. A new extension to the map in 2017 added a small area of complex, runnable, mature woodland. Overall it offers a complex navigational challenge on excellent runnable terrain.

#### **Courses**

Please enter the championship event by age class. There will be 10 courses, age classes distributed as follows:

	<b>length*</b>	<b>climb*</b>	<b>age class</b>
1	11km	220m	M21L
2	9.3	200	M20L, M35L, M40L
3	7.6	150	M18L, M21S, W21L
4	7.6	150	M45L, M50L
5	6.2	120	M16, M20S, M35S, M40S, W20L, W35L, W40L
6	6.2	120	M55L, M60L
7	5.0	100	M65L, M18S, M45S, M50S, W18L, W45L, W50L, W21S
8	4.2	90	M70L, M55S, M60S, W55L, W60L, W16, W20S, W35S, W40S
9	3.4	80	M75L, M65S, W65L, W70L, W18S, W45S, W50S
10	3.0	70	M80, M85, M70S, M75S, W75, W80, W85, W55S, W60S, W65S, W70S

(\*Course lengths and climb are approx. and subject to final controlling.)

## Directions

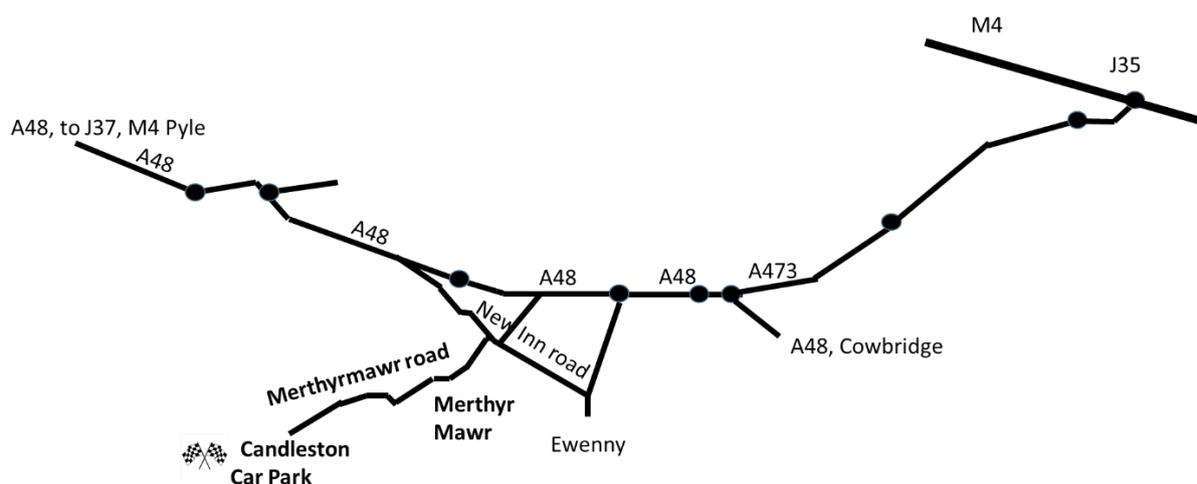
Merthyr Mawr Road is narrow & twisty with few passing spaces. Candleston is popular at weekends so there is a high likelihood of meeting oncoming traffic when approaching the area. There are two narrow hump backed bridges from the West (one from the East) which are blind with respect to oncoming vehicles

### Approach from the East (see outline map below)

Follow the M4 to J35, then follow the A473 towards Bridgend. At the 3<sup>rd</sup> roundabout continue straight on following the A48 (there should be a small retail park on your left hand side as you exit the roundabout with an Argos and Dunelm Mill). After 400m continue straight on again at the next small roundabout (McDonalds on the right) and straight on again at the next roundabout, after a further 500m. After a further 850m take a small left hand turn on to Merthyr Mawr road. After 600m you will reach a staggered cross roads – take a right then immediate left turn onto the continuation of Merthyr Mawr Road. Follow this for approx. 2km to where to road ends in a car park (passing a narrow humped back bridge after about 500m).

### Approach from the West (see outline map below)

Leave the M4 at J37 Pyle and turn north (A4229) towards Pyle for 1000m. Take the 3<sup>rd</sup> exit (A48) signed Bridgend (Cardiff Airport). After about 4km take the first exit (left) continuing on the A48, making you way into the right hand lane in time for the next roundabout, which is after 600m. Take the 2<sup>nd</sup> exit, continuing on the A48 signed Cowbridge. After 1.4km use the filter lane to turn right on to New Inn Lane signed Merthyr Mawr. The first narrow hump backed bridge is on New Inn Lane after 700m and has a 2.5t weight limit. 200m further on turn right on to Merthyr Mawr Road. Follow this for about 2km to where the road ends in a car park (passing a second narrow humped back bridge after about 500m).



## **Parking**

Please have £3 per car available for parking.

(There is a small carpark back in Merthyr Mawr village if you want team up to share parking costs. Turn left just before the church)

At the end of Merthyr Mawr road parking officials will guide you into the campsite area where parking will be on firm sand, off the side of a track.

If parking space runs out in the campsite overflow parking will be in Candleston Car Park. Please pay your £3 at the ticket machines being sure to display your ticket.

Those with dogs please park only in the Candleston Car Park and pay your £3 at the parking machines, being sure to display your ticket. Dogs are unfortunately not allowed in the campsite area where assembly and traders are located.

There are some limited toilet facilities in the public car park

## **Start Times**

From approximately 18:45 for 90 minutes, starts closing approximately 20:15.  
Further details will be uploaded once available

## **Assembly**

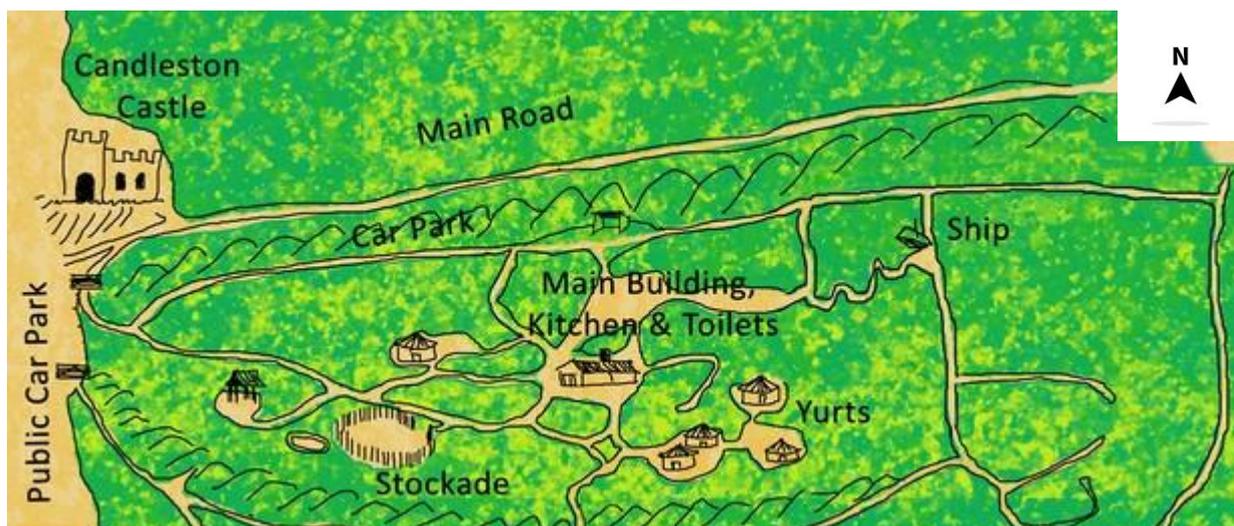
Please do not bring dogs into the Candleston Campsite.

Campsite rules do not allow animals of any kind. While the competitors are not allowed on the competition area, those not competing may of course walk dogs in the dunes.

The layout of Candleston Campsite is shown below. Assembly will be in the area around the main building, with enquiries and download inside. The traders will be in the open area just to the north and toilets are on the East side of the main building.

There are also toilet facilities in the public car park which will be on the way to the start.

Directions to the Start and Finish will be signed from assembly - details will follow.



## Electronic punching

The SportIdent electronic punching system will be used (not SIAC).

Dibbers will be available for hire, and can also be reserved and paid for via Fabian4.

## Entries

Entries are available via Fabian4, <http://www.fabian4.co.uk/>

If you cannot use Fabian4 for any reason please contact the organiser:  
[nick@bnc2018.uk](mailto:nick@bnc2018.uk) or via mobile (+44 7739 089 179)

Please note that, the organiser has the right to refuse an entry from M/W14s and under. Any wishing to compete should please contact the organiser well in advance giving evidence of competence at night orienteering. ([nick@bnc2018.uk](mailto:nick@bnc2018.uk))

## Entry Fees

Entry fees are as follows:

	Before midnight 04/02/18	After 04/02/18 and before final closing date (midnight 18/02/18)
Juniors	£7.00	£8.00
Seniors	£13.30	£15.50

It will be possible to camp for the night on the campsite at Merthyr Mawr for those wishing to stay on.

Event Options	Unit Cost	Number/Tick	Fee
Number of Campervans 'camping' overnight on 24th February at Merthyr Mawr @ £10	£10.00	<input type="text" value="1"/>	£10.00

Those attending the event on Sunday at Pembrey may wish to make arrangements (directly with the Park) to camp the night at Pembrey Country Park (+44 1554 742424).

## Eligibility

Eligibility is according to British Orienteering Rules which can be found here:

<https://www.britishorienteering.org.uk/document/859765c7b9c3671e7fc6e11a1fa2e0ea/Competition%20Rule%20E%20Night%202015%20v2.5.pdf>

You will be asked about eligibility when entering on Fabian4:

Q1\* To be eligible for British Night Championship trophies and medals, an individual competitor must on the day immediately preceding the day of competition in question be a member of British Orienteering and either be a British citizen or have been a member of British Orienteering each year from 2015 – 2017. There is an exception for non-British juniors born in 2006 or later that is explained in the full rules.  
Is this runner eligible for the British Night Championships?  Yes  No

## Traders

Ultrasport and Podium Catering will be located in the assembly area.

The Welsh Junior Orienteering Squad cake stall will be located in the main building.

## Dogs

No animals allowed in the campsite area – those bringing dogs will be asked to park only in the public car park where dogs will have to remain I'm afraid.

## Maps

The map has been updated and extended in 2017. Mapped at 1:10,000 with 2.5m contours; some courses will be printed at 1:7500.

## Cancellation

SWOC / SBOC reserve the right to retain all or part of the entry fees if the event has to be cancelled.

## **Safety**

A backup torch and whistle are compulsory and will be checked. Carrying a mobile phone is recommended. You may be required to wear a cagoule – this will be advised on the day.

The area is complex. If lost take an easterly bearing back towards assembly. On no account attempt to cross the Ewenny river which bounds the area to the south and east of the map.

## **Officials**

### **British Night Championships**

<b>Organiser</b>	Nick Silk, SWOC ( <a href="mailto:nick@bnc2018.uk">nick@bnc2018.uk</a> )
<b>Planner</b>	Roger Stein, SBOC
<b>Controller</b>	Charles Daniel, BOK