



## **British Night Championships Weekend**

### **British Night Championships Final Details**

**Saturday 24<sup>th</sup> February 2018, Merthyr Mawr**

**Travel** *Candleston car park has a Grid reference of SS872772. Nearest postcode is CF32 0LS (this includes Merthyr Mawr village – Candleston is ~1km further). Event signed from New Inn Road.*

**Directions** *Merthyr Mawr Road is narrow & twisty with few passing spaces. Candleston is popular at weekends so there is a high likelihood of meeting oncoming traffic when approaching the area. There are two narrow hump backed bridges from the West (one from the East) which are blind with respect to oncoming vehicles*

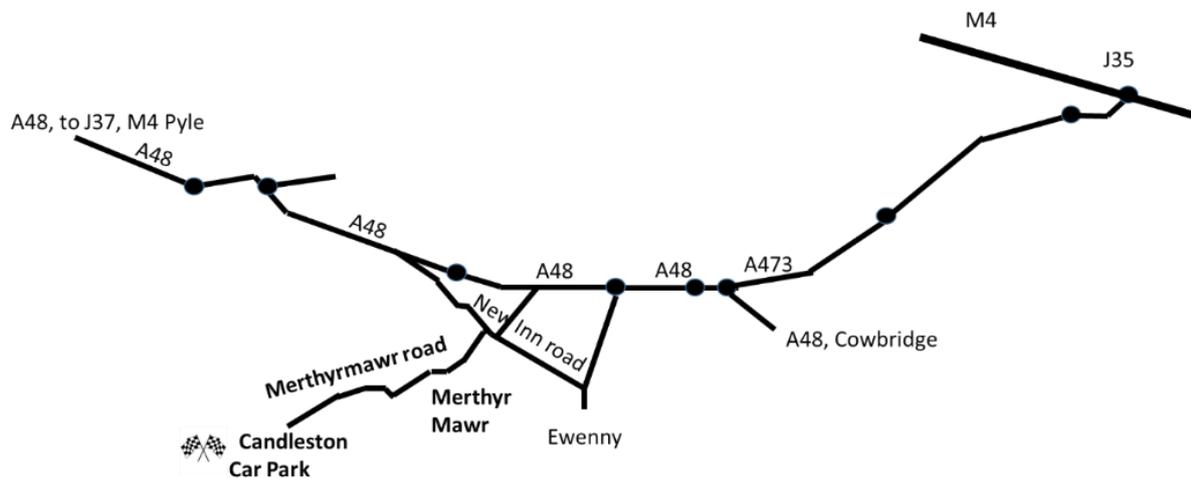
*Approach from the East (see outline map below)*

*Follow the M4 to J35, then follow the A473 towards Bridgend. At the 3<sup>rd</sup> roundabout continue straight on following the A48 (there should be a small retail park on your left hand side as you exit the roundabout with an Argos and Dunelm Mill). After 400m continue straight on again at the next small roundabout (McDonalds on the right) & straight on again at the next roundabout, after a further 500m. After a further 850m take a small left hand turn on to Merthyr Mawr road. After 600m you will reach a staggered cross roads – take a right then immediate left turn onto the continuation of Merthyr Mawr Road. Follow for ~2km to where road ends in a car park (passing narrow humped back bridge after ~500m).*

*Approach from the West (see outline map below)*

*Leave the M4 at J37 Pyle and turn north (A4229) towards Pyle for 1000m. Take the 3<sup>rd</sup> exit (A48) signed Bridgend (Cardiff Airport). After about 4km take the first exit (left) continuing on the A48, making you way into the right hand lane in time for the next roundabout, which is after 600m. Take the 2<sup>nd</sup> exit, continuing on the A48 signed Cowbridge. After 1.4km use the filter lane to turn right on to New Inn Lane signed Merthyr Mawr. The first narrow hump backed bridge is on New Inn Lane after 700m and has a 2.5t weight limit. 200m further on turn right on to Merthyr Mawr Road. Follow this for ~2km to where the road ends in a car park (passing a second narrow humped back bridge after about 500m).*

See map overleaf



**Entries** *Pre-entry only – no Entry on the Day*

**Parking** *Please have £3 ready for parking - bucket for within camping area; please remember to pay at meter if parking in public car park. Those with dogs remember to park in the public car park, please*

**Assembly**

- *Remember no dogs in the campsite area*
- *Enquiries, first aid, trophy return and download are all located in the main hut. Toilets / showers around the outside of the hut. Further limited toilet facilities in the public car park (on the way to the start)*



- *Traders (Ultrasport and Podium Catering) will be in the assembly area, WJOS cake stall, main hut*

**Safety**  
*This is a night event in winter*

- *For your safety back-up lighting and a whistle are compulsory*
- *You may be required to carry a cagoule in poor weather – this will be advised on the day, and will be checked at the start*
- *A mobile phone is advisable*
- *An emergency number is printed on the map: organisers mobile*
- *Lone travellers are requested to leave car keys at download (envelopes / tags provided)*
- *If you become disoriented & want to return to Assembly or Car Park:*
  - *From the plateau - take a bearing due south until you descend off the plateau, then follow an easterly bearing until you cross a main path, all of which lead back to Assembly (on a bearing slightly north of due east)*
  - *From the main dunes area - take a bearing due East until crossing a major path, all of which lead back to Assembly (on a bearing slightly north of due east)*

<b>Start times</b>	<i><u>This will be a timed start</u> – times will not be changed. Starts from about 7pm until 8.15pm (available on Fabian4).</i>
<b>Starts</b>	<p><i>Approx. 550m from assembly, marked with reflective tape / glow sticks which ends in a short steep climb up a sandy path to the start</i></p> <p><i>For those in the public carpark, exit north west corner, ~200-250m</i></p> <p><i>There is a warm up area at the foot of the dune just below the start. Some shelter (a club tent) will be available adjacent to the warm up area.</i></p>
<b>Finish</b>	<i>The finish is adjacent to assembly</i>
<b>Time keeping</b>	<i>SportIdent, (not SIAC). Hire dibbers from enquiries / download</i>
<b>Maps</b>	<p><i>All courses are 1:7500, 2.5m contours, on A3 waterproof paper. Control descriptions printed on map, plus separate control descriptions will be available in the start lanes. A large fenced enclosure exists in the open dunes in which there are normally a small herd of cows. They have added a number of tracks in the area particularly the upper plateau and these are usually not mapped. The enclosure is fenced, typically with 4 wire strands, the one second from the top is usually barbed wire. The fence is reasonably easy to get through (low down between first and second wire strands) and can be crossed anywhere, however, there are several stiles and gates marked as described above which may be easier for some competitors. (There is also a small herd (about 6?) of wild deer - typically resident in the woods and seldom seen in the daytime.)</i></p> <p><i>Some felling has very recently occurred in the woods near the last couple of controls on each course. Also, the marsh areas in the dunes have flooded over the last month or two depending on rainfall amounts, such that areas marked as marsh can be ponds, deep in places. The situation looks ok at this moment in time but we shall issue a further statement regarding this at the event (at assembly and at start).</i></p> <p><i>Map was extended and updated in 2017. Further minor revisions through to Feb 2018 and converted to ISOM 2017. All maps are printed at 1:7500 as map was originally created at 1:10000 using 1:15000 size symbols. Other non-standard symbols are shown on the map: single black line on fence for stiles (with double lines (crossing point) being used for gates). Within the campsite woods there exist various types of wooden construction which are sometimes mapped as buildings and some are shown with the black T (tower) symbol for those which are effectively a roof structure supported on wooden columns.</i></p>

## Courses

*Course mapping, lengths and climb as follows:*

Course	Controls	Length	Climb	Men		Women	
				Long	Short	Long	Short
1	23	11.1 km	250 m	M21L			
2	22	9.2 km	220 m	M20L, M35L, M40L			
3	17	7.5 km	185 m	M18L	M21S	W21L	
4	18	7.5 km	185 m	M45L, M50L			
5	18	6.3 km	160 m	M16	M20S, M35S, M40S	W20L, W35L, W40L	
6	17	6.1 km	170 m	M55L, M60L			
7	13	5.2 km	130 m	M65L	M18S, M45S, M50S	W18L, W45L, W50L	W21S
8	12	4.1 km	120 m	M70L	M55S, M60S	W16, W55L, W60L	W20S, W35S, W40S
9	11	3.4 km	100 m	M75L	M65S	W65L, W70L	W18S, W45S, W50S
10	10	3.0 km	90 m	M80, M85	M70S, M75S	W75, W80, W85	W55S, W60S, W65S

### Out of bounds

*All areas inside the campsite other than assembly, parking and the route to the start are out of bounds.*

### Trophy return

*In the main hut between 18.00 and 19:30*

### Prize-giving

*Aim to commence at approx. 21.45, but it may be 10.00pm*

### Cancellation

*SWOC / SBOC reserve the right to retain all / part of the entry fees if the event has to be cancelled*

## Officials

### Organiser

Nick Silk, SWOC; nick@bnc2018.uk  
Landline: 01446 772 239; Mobile: 07739 089 179,

### Planner

Roger Stein, SBOC

### Controller

Charles Daniel, BOK